

Transplant Natters

The Voice of Nursing in the British Transplantation Society

November 2018



Joint Annual Congress 2019

6th - 8th March

HCC Harrogate Convention Centre

NHS
Blood and Transplant



This is the opportunity to share your work with colleagues and for us to enhance our practice by learning from each other.

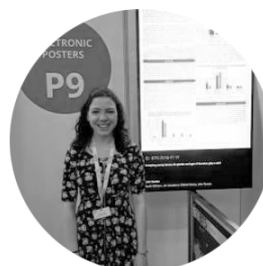
It is important to recognise that the presentations and posters are not all about clinical research projects – why not share your experience of identifying an issue; exploring options, implementing change and evaluating outcome?

It's time to prepare these abstracts!
Deadline for submission is 22nd
November 2018

In this issue we include Katie's top tips for abstract writing. Katie represents heart/lung transplantation on the Chapter of Nurses.

Having an oral or poster presentation at BTS Congress is great for your CV, and adds support when seeking funding for attending Congress . Remember that BTS members can apply for a bursary to attend meetings.

Band 7 Nurses and below enjoy reduced rates for the 3 days – we are hoping for record numbers of abstracts and really look forward to seeing you in Harrogate.



Poster presentation at BTS

Photo courtesy of Sarah Atkinson

The BTS Living Donor Forum & Winter Ethics Symposium will come together in Autumn 2018 in York for a one day meeting on the theme of Directed Altruistic Living Donation.

UK Awards for Excellence in Organ Donation and Transplantation The first awards recognising excellence in organ donation and transplantation will be presented at Congress on **Wednesday 6th March 2019**. Nominations will be open from **Thursday 11th October to Friday 30th November 2018**.

For details on how to nominate visit:

www.nhsbt.onlinesurveys.ac.uk/bts-odt-awards

Katie's Top Tips for writing an abstract

- 1). Choose a topic that you feel really interested in.
- 2). Keep your project simple; consider looking at just one thing rather than multiple issues.
- 3). Use the PICO template for creating a robust research question.
Population or problem: Who does your study involve/ affect. What is the problem that you're exploring?
Intervention: What thing are you implementing or changing? Are you trying something new?
Comparison: Are you comparing old and new systems? What difference are you hoping to make?
Outcome: What are you hoping to accomplish or improve?
- 4). Share your ideas with your colleagues, any feedback, positive or negative will strengthen your project.
- 5). Create a timeline for you to try and work to. Having a deadline will help to keep you motivated.
- 6). Do a literature search, or ask the library to help you with a literature search.
- 7). Read abstracts that were submitted at previous conferences.
- 8). Keep a record of what you're doing. It's good to reflect as you go.
- 9). Find yourself a mentor and ask them to read your abstract.
- 10). Read around your subject matter.

Good luck!

When you come to submit your abstract you will be asked to present your information under the following headings: **Introduction; Methods; Results; Discussion**. As you use the PICO template to collate your ideas, think about how you can fit everything into these categories for your final abstract submission. The BTS Secretariat is happy to answer any questions about abstract design and submission. Please email Candi at secretariat@bts.org.uk



Meet the Chapter of Nurses

This issue: Nicola Johnson

Nicola Johnson is a research nurse at Guy's Hospital in London. Here she shares her interest and views on research and BTS

Within your role, what special interest do you have?

I have a passion to embed research nursing practice within usual clinical care. By encouraging and supporting a research active culture, I hope to improve patients' knowledge of and access to research within renal and transplantation.

Suggest one change nurses can make to improve practice in your field?

Research provides the evidence on which clinical interventions are based. Research nurses are pivotal to the research process by facilitating recruitment to research studies, supporting patients through their participation and collecting accurate and dependable data. However, nurses have traditionally undertaken a passive role in the write up and dissemination of research findings. Nurses need to improve their academic writing skills in order to present and publish high quality research in their specialist field. Nurses, at the forefront of clinical care have a responsibility to share results that can inform best practice and improve patient experience.

What advice would you give a nurse thinking about submitting an abstract to BTS Congress?

Start early in order to allow time for proof reading and approval from all contributing authors. Get advice and support from an experienced author if possible. Think about the content and how your work contributes to existing knowledge in your field.

What has been one significant change in your field in the past 5 years?

Research activity has exploded over the preceding 10 years and is now embedded as core NHS business. As a result more patients are also becoming research participants and the NHS is committed to offering all eligible patients the opportunity to participate in research. The impact of this is a dramatic rise in the number of research nurses in all areas of clinical practice including transplantation.

Best about BTS?

BTS provides a collaborative platform for all nurses working within transplantation to share ideas, guide policy and best practice within our chosen speciality. Benefits for members include support and guidance on all aspects of organ transplantation, including up-to-date information, training and development. Our patients benefit from the advocacy of our collective voice and the influence this has on current policy and future research.

Nicola Johnson, Lead Nurse for Renal and Transplantation Research Guy's and St Thomas' NHS Foundation Trust



BTS Membership fees from 2017

Reduced Member: £30, student, NHS Band 7 or below or clinical scientist.

Ordinary Member: £90, SPR, Lecturer or NHS Band 8a, 8b or 8c

Consultant Member: £130, Consultant, Senior Reader, Professor or NHS Band 8d or above

Chapter of Nurses

Further membership details are on the [BTS website](#), however here are the current committee, with contact emails for the co-chairs for your comments, views and submissions:

Mark Roberts: mark.roberts@nhsbt.nhs.uk
Jen Lumsdaine: jen.lumsdaine@nhs.net

Julie Glen (Living Donation)
Diane Evans (Renal)
Sally Holmes (Education)
Lisa Burnapp (Living Donation Lead, NHSBT)
Nicola Johnson (Research)
Sandra Dix (Living Donation)
Wendy Littlejohn (Liver)
Katie Morley (Heart and lung)
Laura Stamp (nee Ramsay)
(Recipient lead, NHSBT)

We would like to thank Sandra Dix for her contribution to the Chapter of Nurses over the past number of years and wish her well for the future.
