

Advanced Kidney Care

maximising choice, optimising care Symposium 2024

8th February 2024

at Fetal Medicine Research Institute, 16-20 Windsor Walk, SE5 8BB

Hosted by:

Centre for Nephrology, Urology and Transplantation - *King's College London*

Course summary

Realising that you have advanced kidney disease can be life changing and frightening. Advanced kidney care clinics were set up to support patients through this phase by understanding the patient, providing extensive education and supporting them to make their best treatment choices. Join us for this new multi-disciplinary day looking at how to optimise the delivery of this vital phase of kidney care.

Outcome aims

By the end of the symposium you will have learnt about:

- Key outcome data which is available for this population as well as the data we should be collecting
- Causes of and approaches to inequalities in this population
- How to put the patient at the centre of decision making as they consider treatment options
- How to widen choices and optimise care for patients with high BMI and for frailer older patients
- The UKKA/KQuIP National Advanced Kidney Care Quality Improvement Project

You will also gain:

- Top tips for managing common problems in these patients such as anaemia and fluid overload
- Practical experience through a small group workshop matching real clinical cases to possible optimal treatment modalities.

Provisional Programme

Time	Session	Speakers / Chairs
09.15 – 08.45	Coffee & Registration	
08:45 – 08:50	Welcome and Housekeeping	
08:50 – 09:15	Introduction: The Purpose of Advanced Kidney Care	Heather Brown - Consultant Nephrologist (Renal, Urology and Transplantation Directorate) at Guy's & St Thomas' NHS Foundation Trust Katie Vinen - Consultant Nephrologist at King's College Hospital
09.15 – 09:40	Inequalities in AKC provision	Speaker tbc
09.40 – 10.00	Meeting the needs of young adults in AKC	Refik Gokmen - Consultant Nephrologist & Medical Information Officer at Guy's and St Thomas' NHS Foundation Trust
10:00 – 10:30	"How I manage..." Update and guidelines for common problems in AKC	Speakers tbc
10.30 – 10.55	Coffee break and networking	
10.55 – 11.20	Person Centred AKC & Shared Decision Making	Eleri Wood – Kidney Nurse Consultant at King's College Hospital
11.20 – 11.45	Difficult conversations: talking with people about kidney failure and advance care planning	Anna Winterbottom – Research Psychologist (NHS) and Visiting Senior Research Fellow at the University of Leeds
11.45 – 12.15	The GOLD programme – supporting live kidney donation / targeted interventions to reduce health inequalities	Dela Idowa – Founder of Gift of Living Donation (GOLD), an organisation Kathryn Griffiths – Member of the Renal Advisory Group of NHS England and the Acute Kidney Injury Programme Board
12.15 – 12.30	Questions to the panel	
12.30 – 13.15	Lunch break and networking	
13.15 – 13.45	Frailty in AKC	Hannah Young – Research Physiotherapist at the University Hospitals of Leicester
13.45 – 14.15	Obesity in AKC	Jules Briggs – Senior Renal Physiotherapist Renal Rehabilitation and Exercise Team at King's College Hospital NHS Foundation Trust Rochelle Blacklock – Clinical Lead Dietitian (Renal and Bariatric Surgery) at King's College NHS Foundation Trust London
14.15 – 14.30	Questions to the panel	
14:30 – 15:20	Modality fit workshop – case discussions in small groups	Faculty as facilitators
15.20 – 15.30	Coffee break and networking	
1530 – 1615	The National AKC QI Project	Rosie Donne – Consultant in renal medicine at Salford Royal Foundation Trust, and the lead for the Advanced Kidney Care Service
1615 – 1620	Summing up and thank you	